Welsh Pain Society
Cymdeithas Poen Cymru

Annual Welsh Pain Society Dinner

November 5, 2026

Starting 7 PM

**Holiday Inn Newport,
The Coldra,
Newport
NP18 2YG**

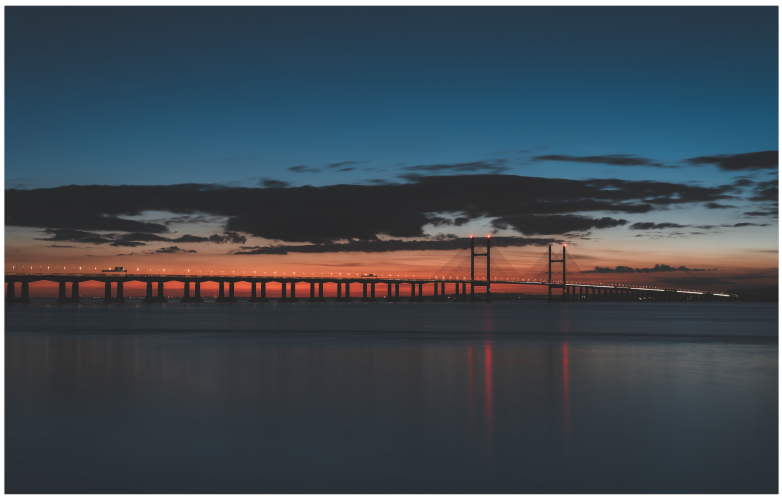
Annual Scientific Meeting 2026

November 6, 2026

9 AM - 5 PM

**Holiday Inn Newport,
The Coldra,
Newport
NP18 2YG**

Register Here



Annual Scientific Meeting 2026

On behalf of the Welsh Pain Society, we are delighted to invite you to this year's Annual Scientific Meeting and Annual Welsh Pain Society Dinner at the **Holiday Inn, Newport**.

The theme for this year's ASM is ***"Putting People First"***. This annual gathering provides a valuable platform for multidisciplinary professionals from across Wales and beyond to explore the latest developments in pain management, share clinical insights, and network with peers. Inside this booklet, you will find details of the scientific programme, list of expert speakers and key event information.

We look forward to welcoming you to Newport for an inspiring and collaborative day!

Scientific Programme 2026

08:30 - 09:00	Registration
09:00	Welcome and Introduction
09:10	Can we Get It Right First Time? Lessons from the NHS England GIRFT in Chronic Pain - Dr Helen Makins
09:50	Autism and Chronic Pain - Dr David Moore
10:30	Refreshments, Observation of Posters, Trade exhibitions
11:00	The Orthopaedic Pain Intervention Pathway - Dr Steve Young
11:40	Hip Radiofrequency Denervation - Dr Sunil Dasari
12:20	WPS Lifetime Achievement Award - Dr Tzvetanka Ivanova-Stoilova
12:30	Lunch, Observation of Posters, Trade Exhibitions *13:00 - 13:30 AGM of WPS (WPS members only)*
13:30	Prompting behaviour change in people with CRPS - Marc Aurelie Pique Batalla
14:10	A Team-based learning approach to pain science education for patients with chronic pain - Dr Jonathan Branney, Joe Barry
14:50	Refreshments, Observation of Posters, Trade Exhibitions
15:10	PainXchange - A new initiative for Research/Case Reports/Audit Presentations (see below for more information)
15:50	Nurse-Led Qutenza Clinics - CNS Wendy Roberts-Jones, CNS Mandy Rees-Jones
16:30	Questions and Finish

Royal College of Anaesthetists
ACCREDITED

Accredited by the Royal College of Anaesthetists for 5 CPD credits.

Speakers (in order of talks)

- ***Dr Helen Makins*** Consultant anaesthetist specialising in chronic pain, medical lead for the chronic pain service in Gloucestershire and the National Clinical Lead for the GIRFT Chronic Pain Programme. Alongside medical interventions, she has a long-standing interest in pain education and the development of biopsychosocial care in community settings for children and adults with chronic pain.

- ***Dr David Moore*** Reader in Pain Psychology at Liverpool John Moores University and a co-founder of the Somatosensory and Affective Neuroscience Research Group. David's research interests include somatosensation in Autism (pain and gentle touch) as well as the cognitive impact of pain. His recent work has been seeking to examine the pain experiences and expressions of autistic people and examining how to better provide pain education and management for autistic patients. He is interested in the experiences of pain in neurodivergent people and potential links with hyper mobility and is a pain advisor to the SEDS connective charity.

- ***Dr Steve Young*** Consultant in Anaesthesia and Pain Medicine at Morriston Hospital, Swansea Bay University Health Board. His clinical practice focuses on complex pain management, with particular expertise in palliative care, cancer pain and interventional pain procedures. He leads and provides a regional specialist service for palliative and cancer-related pain across South West Wales, supporting patients with complex symptom burdens and advanced disease. He is also an Honorary Associate Professor in the Faculty of Medicine at Swansea University, contributing to teaching, training and clinical research.

- ***Dr Sunil Dasari*** Consultant in Anaesthesia and Pain Medicine at University Hospital of Wales, Cardiff and Chair of Welsh Pain Society. He has vast experience of more than 20 years as an anaesthetist and has special interest in Radiorequency denervation for low back pain, leg pain, neck pain and major joints pain e.g. knee, hip and shoulder pain. In addition to his clinical work, he is the Regional Advisor in Pain Medicine for Faculty of Pain Medicine of the Royal College of Anaesthetists. He is an Honorary Lecturer at Cardiff University. He is also a Tutor for University of South Wales on the MSc Pain Management course.

- ***Marc Aurelie Pique Batalla*** Senior physiotherapist specialising in pain rehabilitation and the management of complex long-term conditions. Since 2019, he has worked within the Complex Regional Pain Syndrome (CRPS) and Complex Cancer Late Effects Services at the Royal United Hospital in Bath, where he delivers specialist rehabilitation for individuals with persistent pain and disability. He is currently undertaking a PhD at the University of the West of England, Bristol, investigating the effects of Cognitive Multi-sensory Rehabilitation in people living with CRPS.

- ***Dr Jonathan (Jonny) Branney*** Principal Academic in Nursing and Clinical Sciences in the Faculty of Health, Environment and Medical Sciences, Bournemouth University. He is a certified Team-based Learning Consultant-Trainer, Senior Fellow of AdvanceHE and a National Teaching Fellow. A registered nurse and former chiropractor, he has a particular research interest in the management of acute and chronic musculoskeletal pain and is an active member of the British Pain Society.

- ***Joe Barry*** Specialist pain physiotherapist working in the Somerset Community Pain Management service. He has a background in musculoskeletal physiotherapy and holds an MSc in Pain Management. His interests include psychologically informed rehabilitation, contemporary pain science, and the use of team-based learning to support patient' understanding of pain self-management.

- ***Wendy Roberts-Jones*** Clinical Nurse Specialist for the pain service at Cardiff and Vale University Health Board. She has extensive experience in both acute and chronic pain management and non medical prescribing. Wendy has an MSc in pain management and her specialist interests include paediatrics and she has developed numerous guidelines and service improvements in this area.

- ***Mandy Rees-Jones*** Operational lead and Clinical Nurse Specialist for the pain service at Cardiff and Vale University Health Board. She has extensive experience in acute pain management, peri-operative care, and chronic pain management. She has an MSc in pain management and is a non-medical prescriber. Mandy is passionate about improving patient outcomes through evidence-based practice, education, and service development.

Annual Welsh Pain Society Dinner

Thursday November 5, 2026 7pm onwards
The Holiday Inn, Newport
Cost: £38 per head (3 course meal)

Please pay via the Welsh Pain Society bank details below if you would like to attend. Please email your food preferences to the organisers.

Annual Scientific Meeting 2026

Please apply and make payment online

Medically qualified: Non-WPS members £120 / WPS members £100

Non-medically qualified: Non-WPS members £60 / WPS members £40

Use the QR code on Page 1 or Follow this link to register for the event:

WPS ASM 2026 Registration Form

We accept direct payment via **BACS**

Welsh Pain Society: Sort code 40-16-23 Account no. 61240757

Welsh Pain Society Membership

Current annual WPS Membership is £20.00

To join, please click on the link below

https://www.welshpainsociety.org.uk/membership

Abstracts and Poster presentation

We invite delegates to submit abstracts for poster presentations. For further information please see the WPS website. Deadline for Abstract Submission is **October 31, 2026**.

https://www.welshpainsociety.org.uk/asm-2026

PainXchange

Got a key message to share? Take the stage at PainXchange!

PainXchange is a dynamic new initiative designed to give delegates a platform to share impactful research, insightful case reports, or practice-changing audit results directly with the audience and gain valuable feedback.

Whether you have fresh data or a valuable clinical lesson to share, PainXchange offers a quick, high-energy format to get your key insights across.

How It Works:

- The Stage is Yours: Deliver a 5-minute micro-presentation focussed on your key information.
- Presentation Format: Present using up to 3-4 slides.
- Focussed Takeaway: Every presentation centres on one core "***take-home message***" for our pain community.
- Separate from Posters: PainXchange is a standalone live session running alongside our traditional poster board display, giving you an extra opportunity to showcase your work.

Please email a copy of your presentation, as an attachment, to welshpainsociety@gmail.com

Deadline for submission to PainXchange is **October 31, 2026**.

Artwork/Photography presentation

If you have creative skills and would like to display your Artwork or Photography at the conference please contact Dr Kartik Kota to arrange this.

Trade Sponsorship Acknowledgement

The organising committee for the Welsh Pain Society Annual Scientific Meeting 2026 would like to acknowledge the financial support of our sponsors:

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PAJUNK® Real People. Real Care.

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Accommodation

Please book your accommodation directly with Holiday Inn Newport and avail a discounted WPS ASM 2026 booking price. Click on the link below or scan the QR code:

Holiday Inn, Newport WPS ASM 2026 Accommodation Booking

Please contact Dr Kartik Kota if you need further information about this event at Kartik.Kota@wales.nhs.uk

Chronic Pain Service, County Hospital, Coed-y-Gric Rd, Griffithstown, Pontypool NP4 5YA